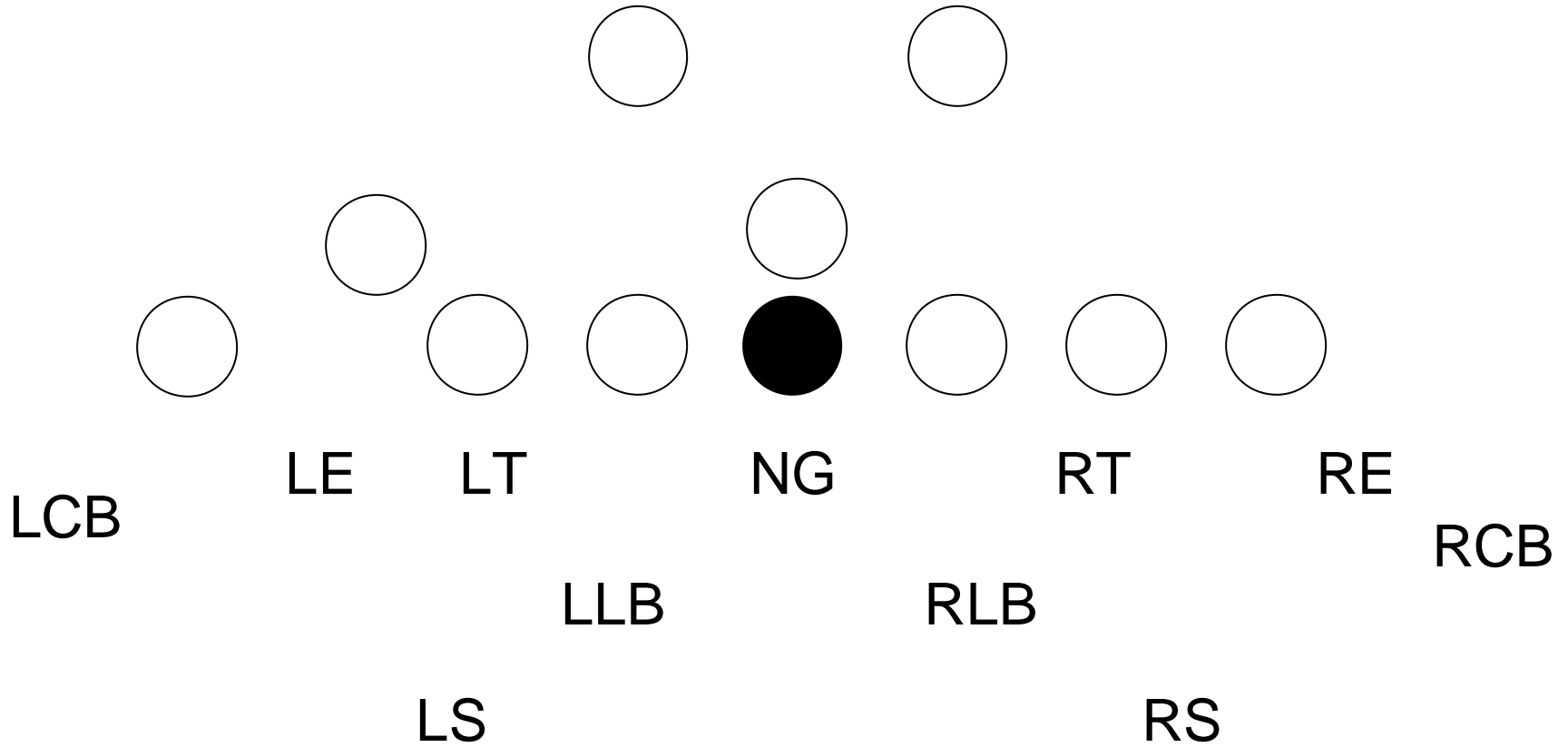
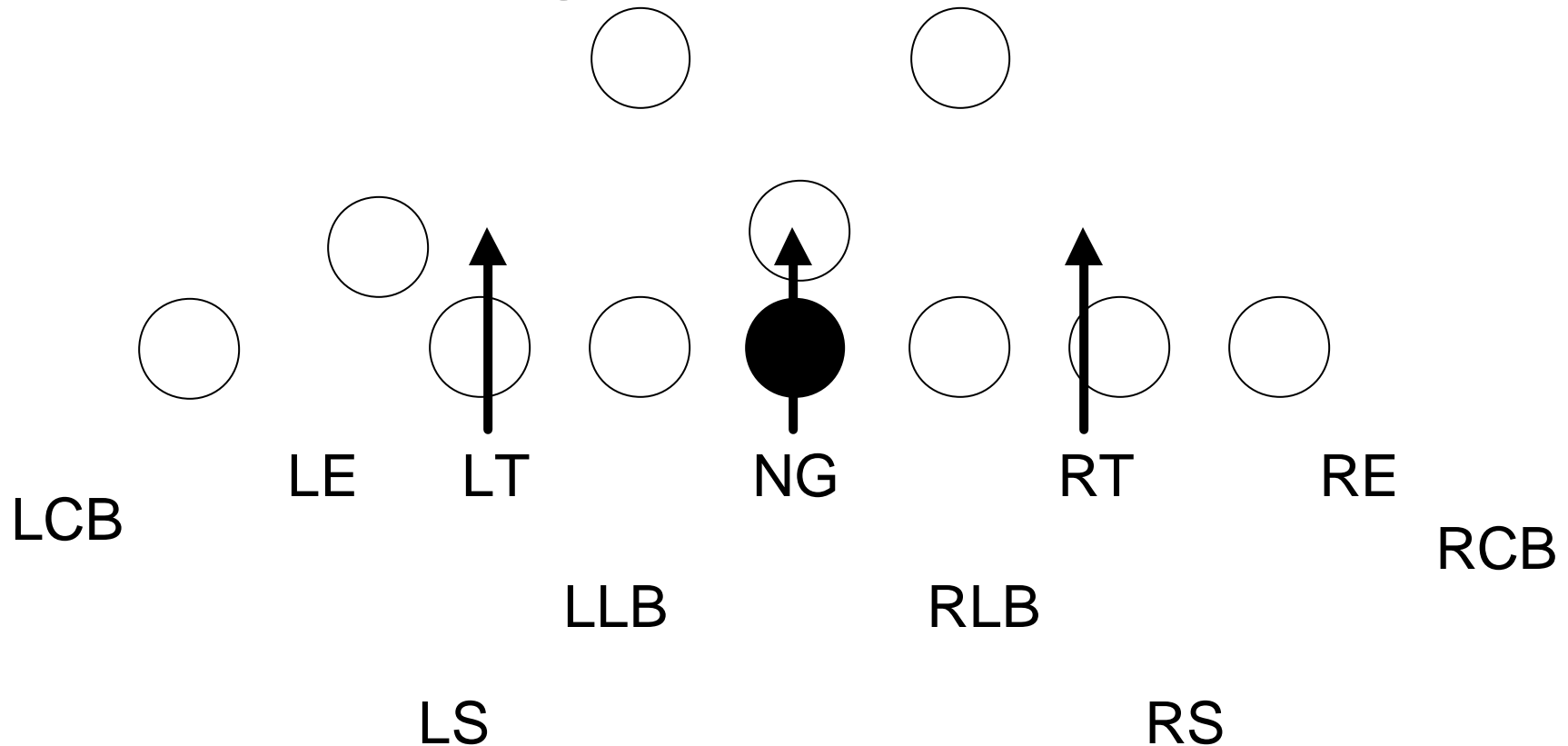


5-2 Defense



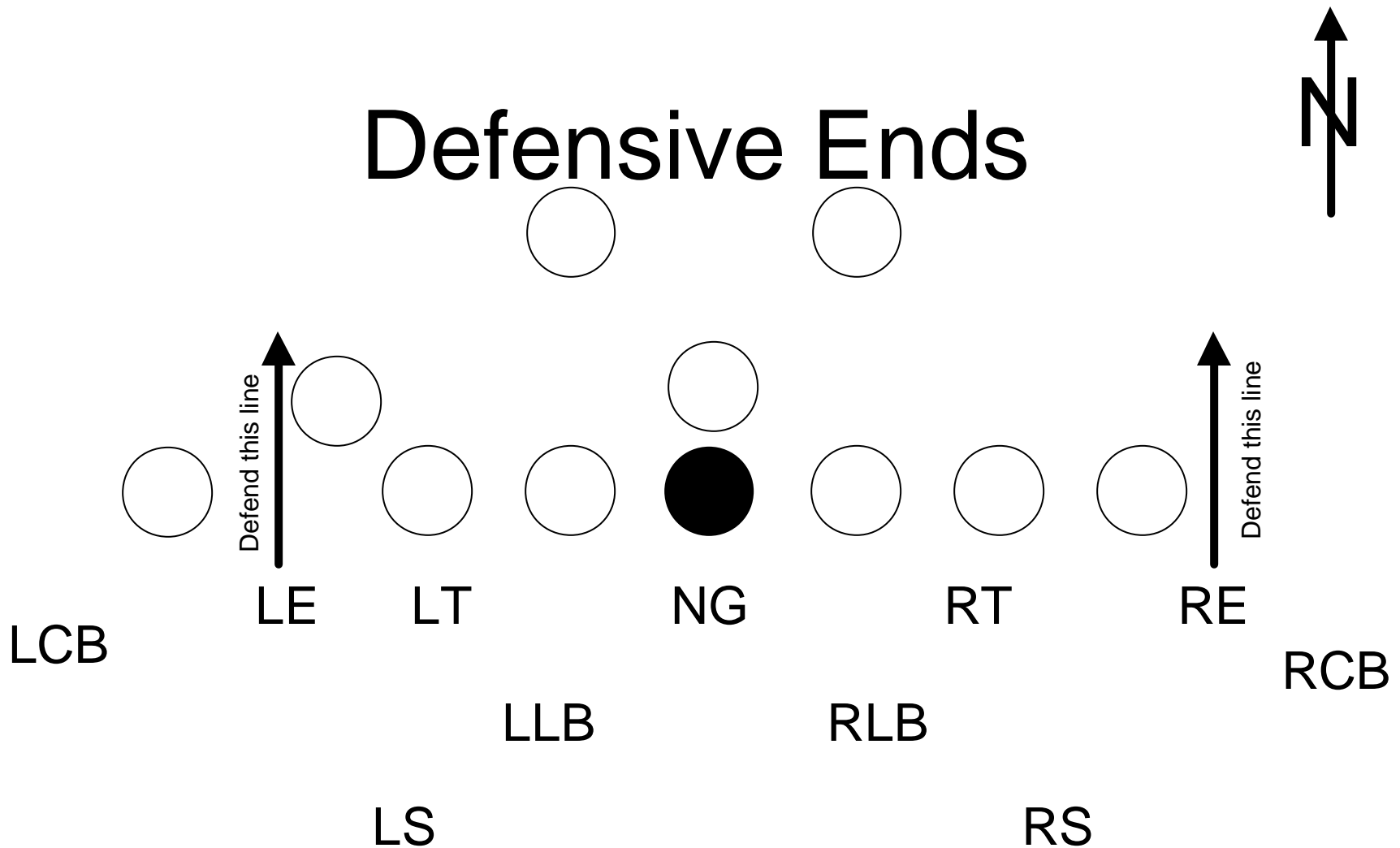
Nose Guard & Tackles



Notes:

- 3 or 4 point stance - Responsible for stacking up the inside run - then pass rush
- Move on the ball - do not move until ball moves - do not listen to snap count
- Nose Guard moves through the Center who will be moving slightly back at the snap - your advantage
- Tackles - line up on offensive Tackles - do not line up on the Guards
- Use hands - discard blocker quickly - do not stay in block for more than 1 second
- Push blocker into a gap and occupy the other gap - head is always up looking for ball

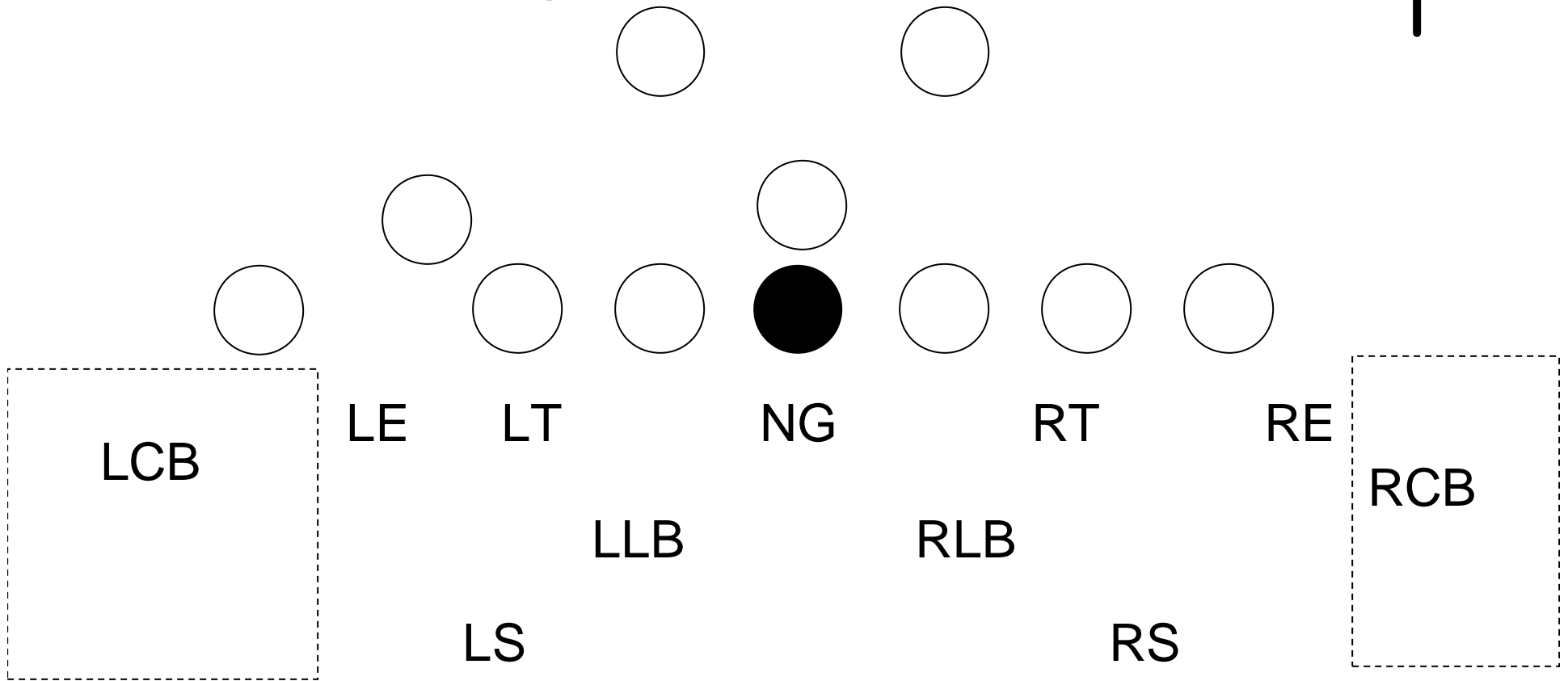
Defensive Ends



Notes:

- 2 point stance - line up on outside the player just outside the Offensive Tackle on the line of scrimmage
- Move on the ball - do not move until ball moves - do not listen to snap count
- Ball snapped - Move 4 yards into Offense turn to face ball carrier - your sole responsibility is side containment
- Use hands - discard blocker(s) quickly
- Shuffle along a north/south line to shadow ball carrier - do not move east/west - ball never gets north of you
- Tackle ball carrier only if he crosses your north/south line - only let him cross your north/south line to the south

Cornerbacks

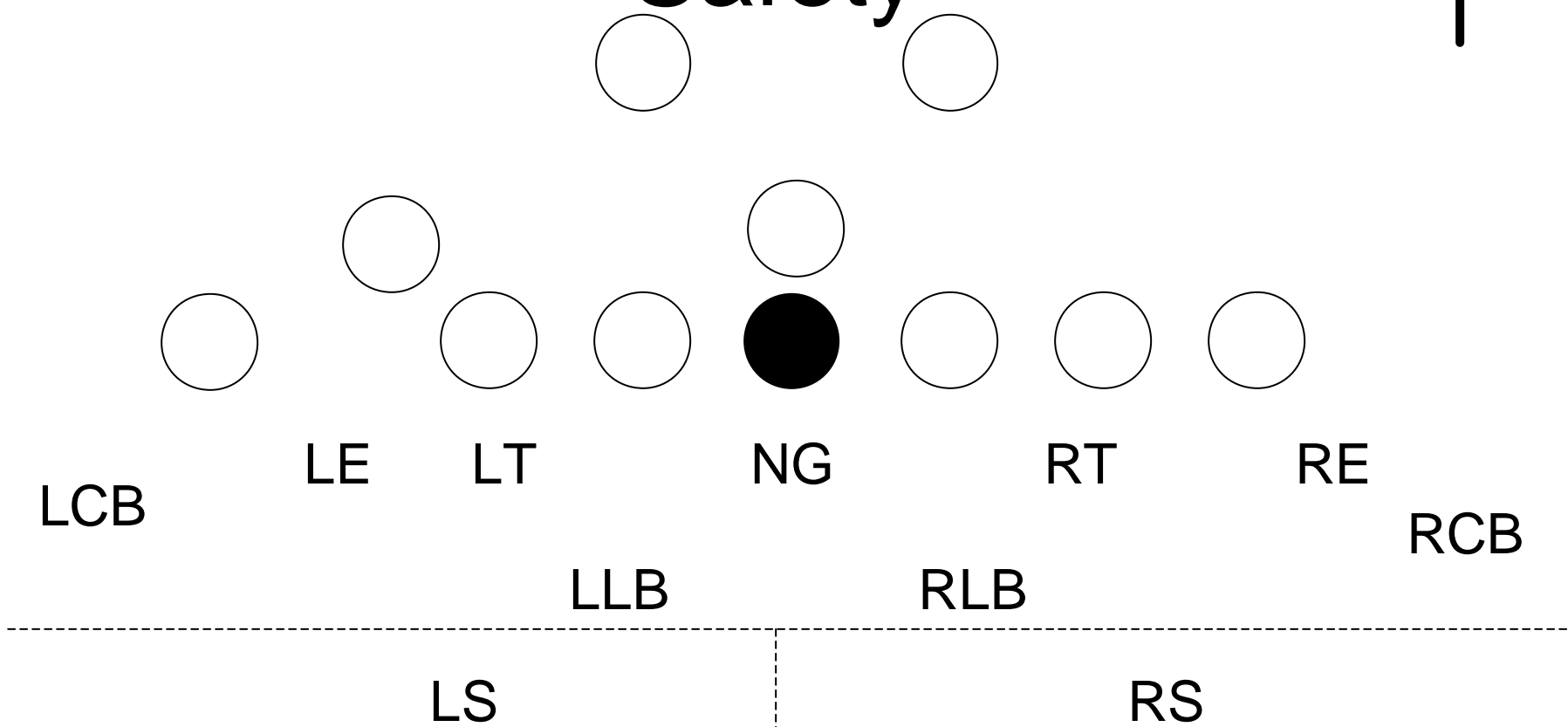


Notes:

- 2 point stance - line up near the line of scrimmage 3 yards outside the last offensive player - Move on the ball
- Primary responsibility - stop the run - assume a running play is on until you see the QB in a pass stance
- Secondary responsibility - defend the pass in the zone depicted by the dashed box above
- Use hands to discard blocker(s) - stay at home when ball appears to be going the other direction
- When ball is coming to your side, shadow shuffle east/west - always stay 2 yards outside the carrier
- When ball carrier moves toward the line, maintain outside position, move towards him and tackle him



Safety



Notes:

- 2 point stance - line up about 6 yards behind the line of scrimmage, outside and behind the LBs
- Primary responsibility is pass - watch outside ends and split backs for patterns - watch QB for pass set
- Secondary responsibility is run - once the ball passes the line of scrimmage, the play is a run
- Stay at home when ball appears to be going the other direction but fade east/west in the direction of the play
- Always initiate a proper intercept angle when moving toward an open field tackle